

# ***PERINEAL WOUND CARE EDUCATION WITH VULVA HYGIENE THROUGH VIDEO MEDIA IN NORMAL POSTPARTUM MOTHERS***

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## **SUMMARY**

**Background;** Rupture perineum is a tear that occurs in the birth canal after childbirth, according to Basic Health Research in Grobogan Regency normal labor in the hospital area of Grobogan Regency in 2022 a total of 1204 people, as many as 879 people (77%) with the incidence of perineal rupture the majority occurred in the age of the mother between 20 - 35 years as many as 510 people (48.7%). And based on the Grobogan District Health Office, there were 5 people in January and February of 2023 in Grobogan District who experienced infections in the birth canal. **Objective;** Video media was made with the aim that mothers understand how to clean wounds after childbirth so that infection does not occur. This video media contains ways and steps to perform vulva hygiene. **Method;** The media used in this method uses video media that can be used as a means of health education in the community, especially for postpartum mothers. **Results;** The knowledge of mothers in the Grobogan area increased after education on perineal wound care. Mothers who initially did not know became more aware of the dangers that would occur if they did not properly care for perineal wounds. **Conclusion;** Video media that contains the ways and steps to perform vulvar hygiene and explains how to properly care for suture wounds can be used as a means of Communication, Information and Education to increase public knowledge or post partum mothers.

**Keywords:** Rupture Perineum, Infeksi Perineum, Vulva hygiene