ORAL STIMULATION EDUCATION FOR THE CARE OF PREMATURE INFANTS WITH SUCKING REFLEX IMPAIRMENT

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SUMMARY

Background : Babies born before 37 weeks of gestation often have immature nervous and muscular systems, causing difficulty coordinating sucking, swallowing, and breathing. Weakness in the sucking reflex can cause aspiration, pneumonia, malnutrition, dehydration, and delayed motor and speech development. Weakness in the sucking reflex can cause aspiration, pneumonia, malnutrition, dehydration, and delayed motor and speech development. Premature Infant Oral Motor Intervention (PIOMI), a massage technique designed to strengthen the baby's facial and oral muscles to accelerate the transition to full oral feeding and shorten hospitalization. **Objectives :** To provide health information about the importance of oral stimulation as a rehabilitation effort for premature babies. To increase the knowledge of medical personnel (physiotherapists) and parents about appropriate oral stimulation techniques. To produce an educational video that visualizes the intervention procedure so that it is easier to understand and practice independently. **Methods :** Video IEC media entitled "Premature Stimulation Education for the Care of Premature Babies with Weak Sucking Reflexes". **Conclusion :** The video entitled "Oral Stimulation Education for the Care of Premature Babies with Weak Sucking Reflex" was chosen as a media for education and health promotion targeting parents of patients and physiotherapists.

Keywords: Premature Babies, Sucking Reflex, Oral Stimulation, PIOMI, Educational Video, Oromotor.