IMPLEMENTATION OF TASK-ORIENTED TRAINING TO IMPROVE TRANSFER AND AMBULATION ABILITIES IN STROKE PATIENTS

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Background: *Stroke is a cerebrovascular disorder that causes a decline in neurological function due to impaired blood flow to the brain and often causes impaired transfer and ambulation abilities that impact patient independence in daily activities. Therefore, appropriate rehabilitation efforts are needed, one of which is through Task-Oriented Training that focuses on repetitive and meaningful functional activity exercises.* ***Objective:*** *This study aims to provide education to stroke patients and their families regarding the application of Task-Oriented Training in improving transfer and ambulation abilities through video-based KIE media.* ***Method:*** *This study used an educational counseling method using video media that contained material about stroke, the principles of Task-Oriented Training, and examples of exercises that can be done independently according to the patient's ability.* ***Results:*** *KIE video media is able to convey information clearly and interestingly so that it can increase patient and family understanding of the importance of Task-Oriented Training exercises in the rehabilitation process.* ***Conclusion:*** *Education through video media is effective as an KIE tool in increasing knowledge and awareness of stroke patients and their families regarding the importance of functional exercises to improve transfer and ambulation abilities as well as independence in daily activities.*

Keywords: *Stroke, Task-Oriented Training, Transfer, Ambulation, Video Media.*