APPLICATION OF FILM DRESSING FOR POST- SC WOUND HEALING AT KARTINI REGIONALGENERAL HOSPITAL KARANGANYAR

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ABSTRACT

***Background**: Wound healing following a cesarean section is associated with a risk of infectious complications. Conventional care may cause pain and slow healing, making film dressing necessary to facilitate wound healing. **Objective**: To describe the pre- and post-treatment outcomes of cesarean section wound care using film dressing in two participants. **Methods**: A descriptive case study was conducted involving two mothers who had undergone cesarean sections on the third and seventh days post-surgery. Wound care was administered over seven days, and wound conditions were assessed using the REEDA scoring system before and after treatment. Film dressings were applied twice a week, and data were analyzed descriptively. **Results**: After the intervention, REEDA scores decreased in both participants. Mrs. N's score decreased from 6 to 2, while Mrs. T's score decreased from 8 to 6. The difference in healing speed was influenced by the patients' adherence to nutritional requirements. **Conclusion**: Film dressing effectively accelerates the healing of post-cesarean section wounds by maintaining optimal moisture levels and protecting wounds from bacterial infection, as evidenced by changes in REEDA scores.*

***Keywords**: Film Dressing, Wound Healing, Cesarean Section, REEDA Score*.