THE RELATIONSHIP BETWEEN VULVA HYGIENE BEHAVIOR AND THE INCIDENCE OF VAGINAL DISHARGE AMONG FEMALE STUDENTS AT IMTAQ SHIGHOR ISY KARIMA

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ABSTRACT

Background: *Vaginal discharge is a fluid that comes out of the vagina that is often experienced by adolescent girls. One of the factors suspected to be related to the occurrence of vaginal discharge is vulva hygiene behavior. Good vulva hygiene behavior is expected to help maintain the cleanliness of reproductive organs and prevent reproductive health disorders.* ***Objective:*** *To determine the relationship between vulva hygiene behavior and the occurrence of vaginal discharge in female students at Imtaq Shighor Isy Karima.* ***Method****: Quantitative research design with a cross-sectional approach. The sampling technique used Total Sampling with a sample size of 60 respondents. The results of the statistical test used were Fisher Exact Test with a significance level of α = 0.05.* ***Results:*** *Almost all respondents had vulva hygiene behavior in the good category as many as 48 (80%) respondents, sufficient category as many as 11 (18.3%) respondents and less category as many as 1 (1.7%) respondents. Almost all respondents experienced vaginal discharge as many as 59 (98.3%) respondents, while those who did not experience vaginal discharge were 1 (1.7%) respondents. The results of the statistical test showed p = 1.000 (p>0.05) so that there was no significant relationship between vulva hygiene behavior and the incidence of vaginal discharge in female students at Imtaq Shighor Isy Karima.* ***Conclusion:*** *There was no significant relationship between vulva hygiene behavior and the occurrence of vaginal discharge in female students at Imtaq Shighor Isy Karima.*

Keywords: *Vulva Hygiene Behavior, Vaginal Discharge, Teenager Girls*