EFFORTS O INCREASE ADOLESCENT GIRLS KNOWLEDGE ABOUT VAGINAL DISCHARGE USING BOOKLET MEDIA

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SUMMARY

Background: *Adolescence is a critical phase for reproductive organ development and a time when individuals are vulnerable to health issues, such as vaginal discharge. In Indonesia, the prevalence of women experiencing vaginal discharge ranges from 70% to 75%. Limited knowledge among adolescent girls regarding vaginal discharge and a lack of proper personal hygiene practices are factors that influence the risk of reproductive organ infections. Therefore, there is a need for information media that is appropriate and easily accessible for independent use.* ***Objective:*** *To develop Communication, Information, and Education (CIE) media in the form of a health booklet designed to increase the knowledge and motivation of adolescent girls regarding the prevention of vaginal discharge.* ***Methods:*** *The educational medium was developed as an A5-sized, 12-page CIE booklet using the Canva platform, titled "Girls,* Kenali Keputihanmu*!" (Girls, Get to Know Your Vaginal Discharge!). Its suitability was assessed through a trial with three adolescent girl respondents, followed by the simplification of language and visual illustrations.* ***Results:*** *Trial results demonstrated that the booklet was visually appealing, communicative, and practical as a learning tool. The content includes comprehensive information on the concept of adolescence, the classification of vaginal discharge, risk factors, consequences, and seven concrete steps for prevention through proper vulvar hygiene.* ***Conclustion:*** *The booklet is can be used as educational tool for increasing adolescent girls' knowledge regarding reproductive health, specifically concerning vaginal discharge.*

Keywords: *Adolescent Girls, Vaginal Discharge, Booklet, Reproductive Health.*