MODERN DRESSING EDUCATION (FOAM DRESSING METHOD) AS AN EFFORT TO ACCELERATE WOUND HEALING IN POST-DEBRIDEMENT DIABETES MELLITUS PATIENTS THROUGH BOOKLET MEDIA

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SUMMARY

***Background**: Diabetes Mellitus is a significant global health problem, with Indonesia ranking fifth worldwide. Serious complications such as diabetic foot ulcers occur in 15-25% of patients, leading to amputation rates of 15-45% if not properly managed. Modern wound care based on the moist wound healing principle is highly recommended, but low health literacy remains a major obstacle for patient self-care at home. **Objective**: This study aims to develop an educational booklet on modern wound care using the foam dressing method to accelerate healing in post-debridement patients while improving their knowledge and independence. **Methods**: The method involves developing a 22-page, A5-sized Communication, Information, and Education (CIE) booklet entitled "Diabetic Wounds Are Not the End of Everything: How to Care for Diabetic Wounds Using the Foam Dressing Method." It features illustrations and a step-by-step guide, and was tested on three respondents. **Conclusion:** The trial yielded positive responses from respondents. Feedback included color refinement, font size adjustments, and layout improvements. Overall, the material was considered easy to understand with an appealing visual design.*

Keywords: Diabetic, Foot Ulcer, Foam, Dressing,, Booklet